

ACTIVITIES



HOW TO CREATE YOUR OWN OBSTACLE COURSE

Host an afterschool activity that everyone will love. We'll show you how we did it below, but feel free to make it your own and get creative with it! And don't forget to keep everyone hydrated with their favorite Pure Life® 8 oz. bottle as you play.



WHAT YOU CAN USE

- 4 hula hoops
- 8-10 colorful cones
- 1 bucket
- 10 wiffle or tennis balls
- Pure Life® 8 oz. bottles

HOW WE SET IT UP

- 01** Gather hula hoops, cones, balls, and bucket
- 02** Start with one hula hoop as the first obstacle (player must hula 4 times, for example)
- 03** Set up cones to weave in and out of
- 04** Use a second hula hoop as a circle where player will stand with 5 wiffle balls
- 05** Place a bucket a decent distance away – player must get 3/5 balls into the bucket
- 06** Don't forget to stay hydrated before and after the course with a Pure Life® 8oz. bottle

