

RECIPES



HOW TO BUILD A LUNCH BOX

WHAT YOU'LL NEED

- Sandwich or wrap ingredients
 - Bread or wrap of choice
 - Turkey
 - Ham
 - Cheese
 - Nut butter
 - Lettuce
 - Tomato
- Fruits and veggies
 - Raspberries
 - Blackberries
 - Grapes
 - Cucumbers
 - Snap peas
 - Baby carrots
 - Purple cauliflower
- Sweet and savory snacks
 - Candy
 - Cookies
 - Chips
 - Cheese
- Pure Life® 8oz bottles for hydration



HOW TO DO IT

- 01 Build a lunch, share-a-smile, and go adventure.

Use the list of ingredients to create a colorful, balanced meal of sweet and savory goodness.

The conveniently sized Pure Life® 8 oz. bottles make way for hydration but leave room for all the other lunch box goodies.

Enjoy!